

Regional School District 13 • Middlefield - Durham

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August 27, 2015

Dear Parent/Guardian,

As students begin to participate in athletics, extracurricular activities and field trips, I would like to provide a few important reminders about the State of Connecticut regulations and Regional School District 13 policies regarding medications.


Emergency Medications: Students who have a documented food or bee sting allergy, or other significant health issues and have a medical plan with orders from their physician **must provide their own emergency medications as outlined in the orders (i.e. Epi-pen, Benadryl, rescue inhaler, etc.) to the school. This will ensure that your student will have their emergency medications during school, for field trips or overnight trips. Students involved in athletics in grades 7-12, who do not have self-carry and administer orders, will need to provide additional medications to the coach.**

Other Medications: All medications to be taken at school, including over the counter medications, require a written physician's order along with the parent's authorization/signature. Forms for authorization of the administration of medicines by school personnel can be downloaded from the district website under the Health tab. You may also obtain blank forms from the school health office. **Students in grades 7-12** with the written permission of parents, doctor, and school nurse, may self-administer certain medications such as inhalers, epi-pens, etc... If you would like to have your student carry and give his/her own medication, the doctor must write "**may carry and self-administer**" on the order form. Please note that orders are active for one school year only. Orders need to be rewritten annually for each new school year.

If your student requires medications, please contact your child's physician to ensure that you have an updated medical order to share with the school nurse for this school year. Medications will be accepted in appropriately labeled, original containers only. Please double check expiration dates of medications as we cannot accept expired medications.

Please contact your school nurse directly if you have any questions regarding this information.

Sincerely,


Amy W. Emory
Pupil Personnel Director
Regional School District 13