

E Cigarettes... It's Just Vapor What's the Harm?

Wednesday, March 30, 2016

It is said that a journey of a thousand miles begins with a single step. Unfortunately, a lifelong addiction to nicotine can start with one e-cigarette.

Please join us for this **FREE** presentation

Wednesday, March 30, 2016

6:30 – 8:00 PM

Strong School

191 Main Street

Durham, CT

Join us to address the following:

- How are e-cigarette suppliers attracting children to use their products?
- What are the potential harmful effects of children using e-cigarettes?
- What are the general trends and implications of children's drug use in Connecticut?
- How do parents set boundaries and talk to their children about e-cigarettes and other addictive substances?

Sponsored By:

Durham/Middlefield
Youth and Family Services



FEATURING GUEST
SPEAKER

Alicia Farrell, Ph. D

Alicia is an accomplished cognitive psychologist and founder of Clearview Consulting and the Center for Mental Fitness. Some of her noteworthy accomplishments include 9 years as a university professor and twice a fellowship award recipient in support of research on Wisdom.

Alicia's life's work is to educate and coach people to maximize their brain power and solve problems. She also has a private practice coaching individuals who want to make healthy and durable changes in their lives. Dr. Farrell brings 20 years of expertise and passion to her work.